

AMERICAN COLLEGE OF OSTEOPATHIC PEDIATRICIANS

2008

Annual Spring Conference

April 10-13, 2008

The Hilton Savannah DeSoto Hotel  
Savannah, Georgia

Coming Home



American College of Osteopathic Pediatricians

2209 Dickens Road • Richmond, VA 23230-2005

(877) 231-2267 • Fax (804) 282-0090 • Email: bob@acopeds.org

[www.ACOPeds.org](http://www.ACOPeds.org)

# 2008 Spring Conference

April 10-13, 2008 • Hilton Savannah DeSoto Hotel • Savannah, GA

## GENERAL INFORMATION

### Welcome



We personally welcome you to the ACOP 2008 Annual Spring Conference – *Coming Home*.

Our conference theme is *Childhood Obesity* and includes prevention and treatment strategies and updates for pediatricians on the latest research and recommendations in treating this current epidemic. We also have updates on other pediatric issues such as immunizations, use of pro-biotics, mitochondrial disease, ADD advocacy issues, depression and eating disorders. Our keynote lecture, the James M. Watson Memorial Lecture, will be presented by Martin A. Finkel, DO, FACOP, FAAP.

You will note the conference title includes *Coming Home*. The Board of Trustees wanted to welcome the return of our esteemed Emeritus Members, to share with our new pediatricians the wealth of their knowledge. We of the ACOP are truly family; which seems appropriate, as we have dedicated our lives in the care of children and their health. Therefore, this year we added Emeritus Member speakers each morning to enlighten all pediatricians with their expertise and experiences.

The American College of Osteopathic Pediatricians is committed to teach, inspire and train both students and residents with the *Conduit for Success*. We have specific lectures for both students and residents. All conference attendees are welcome to attend these lectures. We have lectures on how to handle stress in residency, how to negotiate contracts and lectures on writing grant applications. We have hands-on lectures on Osteopathic Manipulation, as these are always very popular.

In addition to our educational conference, we have a Gala event planned for Saturday evening. Formal attire is recommended. We promise you this is something you don't want to miss!

ACOP is an advocate of AOA President, Dr. Peter Ajluni's *Fit For Life Campaign*. Please join us for a 5K Fun Run/Walk early Saturday morning in keeping with this initiative.

We hope you will join us for a truly outstanding conference.

Thank you and welcome to Savannah!

Nancy Monaghan Beery DO, FACOP FAAP, *Program Chair*  
Jacqueline Kaari DO, FACOP, *Program Vice-Chair*  
Neil S. Levy, DO, MBA, FACOP, *Director of CME Programs*

### Education Mission Statement

The ACOP's Continuing Medical Education (CME) is designed to meet the objectives and purposes of the College and the needs of the membership.

An objective of the ACOP is "to foster measures and conduct activities to increase the effectiveness of the specialty of pediatrics and pediatric education at all levels." The ACOP Committee on CME has as its main function the implementation of programs that will improve the quality of health care for children. Through surveys of its members during the year and at the CME Meeting, educational needs are identified. The scope of pediatric topics presented in the CME programs is based on these surveys.

### Accreditation and Designation

This program anticipates being approved for up to 20.25 AOA Category 1A CME credit pending approval by the AOA CCME.

Please contact ACOP at 877-231-ACOP with questions regarding this conference. Registration can be made online at [www.acoped.org](http://www.acoped.org), by fax at 804-282-0090 or by mail using the form provided. Registration will NOT be taken over the phone. Class participants are required to be in class on time and may not be allowed into class 10 minutes after starting time.

### Americans with Disabilities Act

The American College of Osteopathic Pediatricians has fully complied with the legal requirements of the ADA and the rules and regulations thereof. If any participant in this educational activity is in need of special accommodations, please contact ACOP headquarters at 1-877-231-ACOP.

### About Your Stay in Savannah

Like a gracious hostess, the Hilton Savannah DeSoto welcomes you to Savannah. Surrounded by magnificently restored homes, historic churches, and moss-draped oaks, the Hilton Savannah is located in the heart of Savannah's Historic District.

Guests of all ages can easily view the architectural masterpieces and meticulously landscape squares that make up the largest historic landmark district in the country. Guided walking tours, carriage rides, and trolley tours are all very convenient to the hotel. One-of-a-kind shopping, museums and galleries, and the restaurants and nightlife of River Street are only a short, enjoyable walk away.

### Accommodations

The American College of Osteopathic Pediatricians has arranged for special group rates during this Conference. The rate per night for a room with either a king or two double beds is \$189.00. **These rates are in effect until March 10, 2008 or until the block is full.** Check in time is 4:00 pm and check out is 12 noon. Applicable taxes apply. Please visit [www.acoped.org](http://www.acoped.org) and click on the link for hotel reservations. This link will allow you to make your reservations with the hotel online. If you need to contact the hotel directly, the phone number is (912) 232-9000.

Visit [www.ACOPeds.org](http://www.ACOPeds.org) for Online Hotel Reservations!

# AMERICAN COLLEGE OF OSTEOPATHIC PEDIATRICIANS

# 2008

# Annual Spring Conference

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## THURSDAY, APRIL 10, 2008

6:00 pm - 8:00 pm **Industrial Symposium Sanofi Pasteur - Wine & Cheese Refreshments**  
**Influenza / Immunization Update**  
 Michael E. Ryan, DO, FACOP

## FRIDAY, APRIL 11, 2008

6:30 am - 7:30 am	Registration / Breakfast with Exhibitors / Posters	
7:30 am - 8:00 am	<b>Emeritus Breakfast Lecture</b> <b><i>Difference in Pediatric Reimbursements. Then and Now.</i></b> David W. Leopold, II, DO, FACOP	
8:00 am - 9:00 am	<b><i>Pre-, Pro-Biotics</i></b> Carol Lynn Berseth, MD	
9:00 am - 10:00 am	<b><i>Could It Be Mitochondrial Disease?</i></b> Bruce H. Cohen, MD	
10:00 am - 10:30 am	Break with Exhibitors and Posters	
10:30 am - 11:30 am	<b><i>Sports Medicine</i></b> David D. Dyck, Jr., DO	
11:30 am - 12:30 pm	<b><i>Peer Support and Advocacy for Individuals with ADHD - Grounded in Evidence-based Science</i></b> Andrew R. Adesman, MD; Mrs. Marie S. Paxson	
12:30 pm - 1:30 pm	Box Lunch with Exhibitors / Posters	
1:30 pm - 2:15 pm	<b>James M. Watson Memorial Lecture</b> Martin A. Finkel, DO, FACOP, FAAP	
2:30 pm - 4:30 pm	<b>Conduit for Success</b>	
	<b>Session A</b>	<b>Session B</b>
2:30 pm - 3:30 pm	<b>Student Meeting</b>	<b>Resident Meeting (NRC)</b> <b><i>Abstract and Poster Development</i></b>
3:00 pm - 3:30 pm		<b>National Residency Club</b> <b><i>Grant Writing</i></b> ( <i>Students may attend</i> ) Robert G. Locke, DO, FACOP, PA
3:30 pm - 4:30 pm	<b>Residency Panel</b> <b><i>Day in the Life of a Resident</i></b>	<b>Residency Directors</b>
6:00 pm - 7:30 pm	<b>Reception with Exhibitors / Posters</b>	

## SATURDAY, APRIL 12, 2008

6:00 am - 6:50 am	<b>Fun Run / Walk</b> – Forsyth Park	
7:00 am - 8:00 am	Breakfast with Exhibitors / Posters	
8:00 am - 8:30 am	<b>Emeritus Lecture</b> <b>Then...and Now, A Reminiscence of 60 Years</b> Arnold Melnick, DO, FACOP	
8:30 am - 9:00 am	<b>Fit for Life</b> Peter B. Ajluni, DO	
9:00 am - 10:00 am	<b>Childhood Obesity: Where We Are and Where We Are Heading</b> Karyl Thomas Rattay, MD, MS, FAAP, FACPM	
10:00 am - 10:30 am	Break with Exhibitors / Posters	
10:30 am - 11:30 am	<b>Treatment Approaches to the Medical Complications of Childhood Obesity</b> Sandra Hassink, MD	
11:30 am - 12:30 pm	<b>Panel: Strategies That May Help Prevent Childhood Obesity</b> Marta Diaz-Pupek, DO; Sandra Hassink, MD; Karyl Thomas Rattay, MD, MS, FAAP, FACPM	
12:30 pm - 1:30 pm	Lunch and Business Meeting	
1:30 pm - 4:30 pm	<b>CONDUIT FOR SUCCESS</b>	
1:30 pm - 4:30 pm	<b>Pediatric Department Chairs</b>	<b>Session A</b>
		<b>Session B</b>
		<b>Student Meeting</b>
		<b>Assessing Stress, Strain and Coping in Pediatrics and Combined Residents</b> Lorraine Brewer, DO, FAAP
2:30 pm - 3:30 pm	<b>Students may visit Exhibits</b>	<b>National Residency Club Contract Negotiations</b> Jennifer D. Bugar, Esquire
3:30 pm - 4:30 pm	<b>Resident Panel</b>	<b>National Residency Club Organizational Meeting</b> <b>My Vietnam Pediatric Rotation, New and Old Virus</b> Sarah MacLeish, DO
	<b>Students may attend NRC Meeting</b>	<b>Pediatrics in the Philippines</b> Nathanael S. Brady, DO
6:30 pm	<b>Reception</b>	
7:30 pm	<b>Gala and Award Presentations</b> Distinguished Service Award, Pediatrician of the Year Award, Student Club of the Year, Research Grant Awards	

## SUNDAY, APRIL 13, 2008

7:30 am - 8:00 am	<b>Emeritus Breakfast Lecture</b> <b>Pediatrics – How We Have Changed</b> Benjamin L. Cohen, DO, FACOP
8:00 am - 9:00 am	<b>Depression</b> Deborah O. Mulgrew, DO
9:00 am - 10:00 am	<b>Eating Disorders</b> Deborah O. Mulgrew, DO
10:00 am - 11:00 am	<b>CONDUIT FOR SUCCESS – General Session</b> <b>Pediatric OMT (POMT) Training for Students/Residents/Fellows</b> Robert W. Hostoffer, Jr., DO, FACOP
11:00 am	Adjournment

## Faculty

**Andrew R. Adesman, MD**  
Schneider Children's Hospital  
New Hyde Park, NY

**Peter B. Ajluni, DO**  
President, American  
Osteopathic Association  
Chicago, IL

**Nathanael S. Brady, DO**  
Columbus Children's Hospital  
Columbus, OH

**Lorraine Brewer, DO, FAAP**  
Children's Mercy Hospital  
Kansas City, MO

**Benjamin L. Cohen, DO, FACOP**  
Emeritus Member  
Western University Health Center  
Pomona, CA

**Bruce H. Cohen, MD**  
Cleveland Clinic Foundation  
Cleveland, OH

**Marta Diaz-Pupek, DO**  
DuPont Pediatrics/Saint Francis Hospital  
Wilmington, DE

**David D. Dyck, Jr., DO**  
Kansas City University of Medicine  
and Biosciences  
College of Osteopathic Medicine  
Kansas City, MO

**Jennifer D. Bugar, Esquire**  
Arnall Golden Gregory LLP  
Atlanta, GA

**Martin A. Finkel, DO, FACOP, FAAP**  
UMDNJ – CARES Institute  
Stratford, NJ

**Sandra Hassink, MD**  
Director, Weight Management Clinic  
A. I. duPont Hospital for Children  
Wilmington, DE

**Robert W. Hostoffer, Jr., DO, FACOP**  
Rainbow Babies & Children's Hospital  
Cleveland, OH

**David W. Leopold, II, DO, FACOP**  
Emeritus Member  
Arizona Family Care Associates  
Sierra Vista, AZ

**Robert G. Locke, DO, FACOP, PA**  
Christiana Neonatal Associates  
Newark, DE

**Sarah MacLeish, DO**  
Rainbow Babies & Children's Hospital  
Cleveland, OH

**Arnold Melnick, DO, FACOP**  
Emeritus Member  
Aventura, FL

**Deborah Mulgrew, DO**  
UMDNJ SOM  
Stratford, NJ

**Marie S. Paxson**  
CHADD President Elect  
West Chester, PA

**Karyl Thomas Rattay, MD**  
Nemours Division of Health  
and Prevention Services  
Newark, NJ

**Michael E. Ryan, DO, FACOP**  
Geisinger Medical Center  
Danville, PA

Carol Lynn Berseth, MD  
Mead Johnson, Nutritionals  
Evansville, IN

# Speaker Objectives

**Friday, April 11, 2008**

## ***Difference in Pediatric Reimbursements. Then and Now.***

David W. Leopold, II, DO, FACOP

The participant will:

1. Hear a personal review of the progress of the ACOP from the speaker's perspective with the objective of providing a backdrop for where the ACOP is today.

## ***Pre-, Pro-Biotics***

Carol Lynn Berseth, MD

The participant will:

1. Have a better appreciation for the consideration to add these products to infant formula.
2. Form a better understanding of what is a pro- and pre-biotic.
3. Begin to understand how infant development will be affected by the addition of pre- and pro-biotics.

## ***Could It Be Mitochondrial Disease?***

Bruce H. Cohen, MD

The participant will:

1. Be introduced to the basic concepts of human energy production in both healthy and diseased mitochondria.
2. Review current diagnosis and treatment of mitochondrial disease.
3. Be introduced to United Mitochondrial Disease Foundation (UMDF) and area chapters.

## ***Sports Medicine***

David D. Dyck, Jr., DO

The participant will:

1. Discuss common sports medicine injuries relating to the pediatric population.
2. Learn a practical approach to exercise training in the pediatric population.

## ***Peer Support and Advocacy for Individuals with ADHD - Grounded in Evidence-based Science***

Andrew R. Adesman, MD; Mrs. Marie S. Paxson

The participant will:

TBD

## ***James M. Watson Memorial Lecture***

Martin A. Finkel, DO, FACOP, FAAP

The participant will:

1. Develop an appreciation of medicine's response to child sexual abuse and the challenges of such.
2. Provide an overview of the systems challenges and community response still needed to address the issue and prevention of child sexual abuse.
2. Understanding the "Disease of Sexual Victimization"
3. Develop an appreciation for the role and responsibility of the primary care physician in addressing sexual abuse within their practices.

**Saturday, April 12, 2008**

## ***Then...and Now, A Reminiscence of 60 Years***

Arnold Melnick, DO, FACOP

The participant will:

1. Hear a personal review of the progress of the ACOP from the speaker's perspective with the objective of providing a backdrop for where the ACOP is today.

## ***Fit for Life***

Peter B. Ajluni, DO

The participant will:

1. Discuss the similarities in the theme of the AOA and the ACOP.
2. Discuss the ways the AOA and ACOP can work together on this theme.
3. Discuss the ways the AOA and ACOP can make a difference together against obesity.

## ***Childhood Obesity:***

### ***Where We Are and Where We Are Heading***

Karyl Thomas Rattay, MD, MS, FAAP, FACPM

The participant will:

TBD

## ***Treatment Approaches to the Medical Complications of Childhood Obesity***

Sandra Hassink, MD

The participant will:

TBD

## ***Panel: Strategies That May Help Prevent Childhood Obesity***

Marta Diaz-Pupek, DO

The participant will:

TBD

## ***Assessing Stress, Strain and Coping in Pediatrics and Combined Residents***

Loraine Brewer, DO, FAAP

The participant will:

1. See if stress and strain still exists post duty hour regulations.
2. See if there are differences in stress, strain and coping mechanisms by year of training or program.

## ***Contract Negotiations***

Jennifer D. Burgar, Esquire

The participant will:

1. Introduce the audience to the nature of medical contracts.
2. Introduce the audience to the negotiable components of the contract.
3. Introduce the audience to the successful completion of a contract.

## ***My Vietnam Pediatric Rotation, New and Old Virus***

Sarah MacLeish, DO

The participant will:

1. Be aware of the condition of pediatric health care in Vietnam.
2. Be aware of the clinical presentation, diagnosis, and treatment of Dengue fever.
3. Be aware of the clinical presentation, diagnosis, and treatment of Enterovirus 71 Hand, Foot, Mouth disease.

## ***Pediatrics in the Philippines***

Nathanael S. Brady, DO

The participant will:

TBD

- Continued -

# Speaker Objectives

Sunday, April 13, 2008

## Pediatrics - How We Have Changed

Benjamin L. Cohen, DDO, FACOP

The participant will:

1. Hear a personal review of the progress of the ACOP from the speaker's perspective with the objective of providing a backdrop for where the ACOP is today.

## Depression

Deborah O. Mulgrew, DO

The participant will:

1. Be able to describe the signs and symptoms of pediatric depression.
2. Be able to list the pharmacologic and non-pharmacologic treatment options.
3. Be able to formulate an appropriate treatment plan.

## Eating Disorders

Deborah O. Mulgrew, DO

The participant will:

1. Be able to recognize the signs and symptoms of pediatric eating disorders.
2. Be able to describe the salient features of anorexia nervosa and bulimia.
3. Be able to list appropriate treatment options for pediatric eating disorders.
4. Be able to formulate an appropriate treatment plan.

## Pediatric OMT (POMT) Training for Students/Residents/Fellows

Robert W. Hostoffer, Jr., Do, FACOP

The participant will:

1. Be introduced to the basic pediatric OMT that is applicable to the office setting.
2. Be introduced to the use of the POMT module as a training device for students and residents.
3. Be introduced to the use of OMT in pediatric respiratory disorders.
4. Be introduced to neonatal OMT and neonatal anatomy.



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*2008 Spring Conference*

April 10-13, 2008 • Hilton Savannah Desoto Hotel • Savannah, GA

**GENERAL INFORMATION**

Name \_\_\_\_\_ AOA# \_\_\_\_\_

Institution \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

\*Email \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_

\*Preferred method of contact.

	Through March 1, 2008	After March 1, 2008	Total Due
<input type="checkbox"/> ACOP Members			
Fellow, Associate or General Member	\$400	\$450	_____
Emeritus Member	\$150	\$200	_____
Candidate Member (Intern & Resident)	\$75	\$100	_____
Osteopathic Medical Student**	\$25	\$30	_____
**Students who wish a Syllabus must purchase one to defray costs.	\$25	\$30	_____
<input type="checkbox"/> Non Members			
DO - Member of Other Specialty College	\$500	\$600	_____
Osteopathic Medical Student*	\$35	\$45	_____
Resident/Intern*	\$95	\$105	_____
Other Physicians	\$450	\$500	_____
Allied Health Professional	\$250	\$300	_____
<input type="checkbox"/> Spouse/Guest Meal Ticket	\$95	\$95	_____
<i>Includes Breakfast Friday-Sunday and the Presidential Reception on Friday evening</i>			
<input type="checkbox"/> Gala - \$40 (Residents - \$30, Students - \$20)			_____
<input type="checkbox"/> Student Meeting Donation (to help the college subsidize students' attendance)			n/c
<input type="checkbox"/> Yes! I will participate in the 5K Fun Run/Walk on April 12, 2008.			_____
* Membership application available at <a href="http://www.ACOPeds.org">www.ACOPeds.org</a>		<b>Registration Total</b>	<b>\$ _____</b>

**Payment**

Credit Card Payment:     VISA             MasterCard             American Express

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Signature \_\_\_\_\_

**Mail registration/checks to:** American College of Osteopathic Pediatricians  
2209 Dickens Road • Richmond, Virginia 23230-2005

Online registration available at [www.ACOPeds.org](http://www.ACOPeds.org).

Cancellation Policy: Full refund through March 1, 2008. 50% refund March 2 - 31, 2008. No refunds after March 31, 2008. Refunds will be determined by the date written cancellation is received.

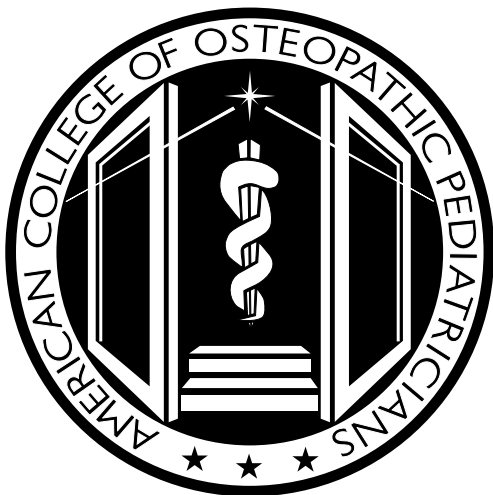


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**MARK YOUR CALENDAR!**



**ACOP  
2008 FALL  
CONFERENCE**

**October 26-30, 2008**

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