

2007 AOA/ACOP



PEDIATRIC TRACK

OCTOBER 1 - 3, 2007 • SAN DIEGO CONVENTION CENTER



American College of Osteopathic Pediatricians

2209 Dickens Road • Richmond, VA 23230-2005 • (877) 231-ACOP
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AMERICAN COLLEGE OF OSTEOPATHIC PEDIATRICIANS

CARING FOR AMERICA'S CHILDREN

October 16, 2006

Dear Attendees:

2209 DICKENS ROAD, RICHMOND, VA 23230-2005
PHONE 877.231.ACOP • FAX 804.282.0090
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American College of Osteopathic Pediatricians

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American College of Osteopathic Pediatricians

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Pediatric Diabetic Type II - Malcom S. Schwartz, DO, FACOP

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AMERICAN COLLEGE OF OSTEOPATHIC PEDIATRICIANS

Osteopathic Pledge of Commitment

As members of the osteopathic medical profession, in an effort to instill loyalty and strengthen the profession, we recall the tenets on which this profession is founded — the dynamic interaction of mind, body and spirit; the body's ability to heal itself; the primary role of the musculo-skeletal system; and preventive medicine as the key to maintain health. We recognize the work our predecessors have accomplished in building the profession, and we commit ourselves to continuing that work.

I pledge to:

*Provide compassionate, quality care
to my patients;*

Partner with them to promote health;

*Display integrity and professionalism
throughout my career;*

*Advance the philosophy, practice
and science of osteopathic medicine;*

Continue life-long learning;

*Support my profession with loyalty in
action, word and deed; and*

*Live by each day as an example of what
an osteopathic physician should be.*

NOTES

2007 AOA/ACOP Pediatric Track Faculty

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Michigan State University
East Lansing, MI

Luis Felipe Amunategui, PhD
University Hospitals
Medical Center
Cleveland, OH

Michelle Bez, DO, FACOP
Phoenix Children's Hospital
Phoenix, AZ

Shawn K. Centers, DO, FACOP
Osteopathic Center for Children
San Diego, CA

Kevin Z. Craig, DO
Children's Hospital
Central California
Fresno, CA

Scott R. Elkin, DO
University of Texas at Arlington
Austin, TX

Michelle Fox, MS, CGC
UCLA Medical Center
Los Angeles, CA

Michael Kayser, DO
Warren Clinics &
St. Francis Hospital
Tulsa, OK

Mary Jean Sage, CMA-AC
The Sage Associates
Pismo Beach, CA

Daniel W. Saylak, DO
University of Texas Health
Science Center
Fort Worth, TX

Malcolm S. Schwartz, DO, FACOP
Monmouth Medical Center
Long Branch, NY

Don Self
Don Self & Associates, Inc
Whitehouse, TX

Paul Gregory Smith, DO
University Hospitals of Cleveland
Cleveland, OH

Ava C. Stanczak, DO, FAAP
Virginia College of
Osteopathic Medicine
Blacksburg, VA

Lizabeth H. Sumner, RN, BSN
The Elizabeth Hospice
Escondido, CA

Carey Walker, PhD
Mead Johnson Nutritionals
Evansville, IN

Faculty Disclosures

- 1 - No Relationship with Commercial Supporters
- 2 - Employment
- 3 - Management Position
- 4 - Independent Contractor (Including Contracted Research)
- 5 - Consulting
- 6 - Speaking and Teaching
- 7 - Membership on Advisory Committees or Review Panels
- 8 - Board Membership
- 9 - Other Activities
- 10 - Author did not provide disclosure information prior to printing. Disclosure will occur prior to the presentation.

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Prior to the start of their presentations, speakers who did not provide disclosure information prior to the printing of this syllabus, will make a disclosure prior to their presentation.

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- 6 – Genzyme Corporation
- 5 – Etubics Corporation
- 9 – Etubics Corporation (Stock Owner)

Luis Felipe Amunategui, PhD – 10

Michelle Bez, DO, FACOP – 10

Shawn K. Centers, DO, FACOP – 1

Kevin Z. Craig, DO – 10

Scott R. Elkin, DO

- 6 – Forest Pharmaceuticals
Michelle A. Fox, MS, BA, CGC
- 4 – Shire Human Genetics Therapies Center
for Extramural Clinical Research and
Education Program (CECRE)
- 5 – Shire Human Genetics Therapies Center
for Extramural Clinical Research and
Education Program (CECRE)

Michael Kayser, DO – 1

Mary Jean Sage, CMA-AC – 1

Daniel W. Saylak, DO, FACOPF – 1

Malcolm S. Schwartz, DO, FACOP

- 6 – Eli Lilly, Genentech, Tercica

Don Self – 1

Paul Gregory Smith, DO – 1

Ava C. Stanczak, DO, FAAP – 1

Lizabeth Sumner, RN, BSN – 1

Carey Walker, PhD

- 2 – Mead Johnson Nutritionals
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2007 AOA/ACOP Pediatric Track Scientific Program

MONDAY, OCTOBER 1, 2007

6:30 am - 6:00 pm	Registration	<i>San Diego Convention Center - 4 Foyer</i>
7:00 am - 7:50 am	ACOP LECTURE <i>Computers and PDAs in Pediatric Medical Practice</i> Daniel W. Saylak, DO, FACOFP	<i>San Diego Convention Center - 4</i>
9:30 am - 10:00 am	Exhibit Break	
10:00 am - 11:00 am	ACOP/AOA Practice Management Lecture Series <i>Audits</i> Mary Jean Sage, CMA-AC	
11:00 am - 12:00 n	ACOP/AOA Practice Management Lecture Series <i>Pediatric Billing</i> Don Self	
12:00 n - 1:00 pm	ACOP/AOA Practice Management Lecture Series <i>How to Optimize Income by Proper Documentation and Billing</i> Mary Jean Sage, CMA-AC	
1:15 pm - 2:30 pm	Alumni Luncheons	
2:30 pm - 3:00 pm	Exhibit Break	
3:00 pm - 4:00 pm	ACOP Lecture <i>Pediatric Obesity</i> Malcom S. Schwartz, DO, FACOP	
4:00 pm - 5:00 pm	ACOP LECTURE <i>Pediatric Diabetic Type II</i> Malcom S. Schwartz, DO, FACOP	
5:15 pm - 5:45 pm	Pediatric Program Directors Meeting	
6:00 pm - 8:00 pm	ACOP Reception	<i>San Diego Convention Center - 14B</i>


TUESDAY, OCTOBER 2, 2007

6:30 am - 5:00 pm	Registration	<i>San Diego Convention Center - 4 Foyer</i>
7:00 am - 8:00 am	ACOP LECTURE <i>Evaluation of Newborn with Dysmorphic Features</i>	<i>San Diego Convention Center - 4</i>
8:00 am - 9:00 am	ACOP LECTURE <i>Ambulatory Care of NICU Graduates</i> Michelle Bez, DO, FACOP	
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11:00 am - 12:00 n	ACOP LECTURE <i>Pre and Probiotics: Are They Wise to Add to Infant Nutrition?</i> Carey Walker, PhD	
12:00 n - 12:30 pm	Exhibit Break	
12:30 pm - 2:00 pm	General Membership Luncheon	<i>San Diego Convention Center - 14B</i>
2:00 pm - 3:00 pm	ACOP LECTURE <i>New Expanded Newborn Metabolic Screen</i> Michael Kayser, DO	<i>San Diego Convention Center - 4</i>
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5:00 pm - 6:00 pm	CME Committee Meeting	
7:00 pm - 10:00 pm	AOA/AAOA Presidential Reception	



WEDNESDAY, OCTOBER 3, 2007

6:30 am - 5:00 pm	Registration	<i>San Diego Convention Center - 4 Foyer</i>
8:00 am - 9:00 am	ACOP LECTURE <i>School Bullies</i> Scott Elkin, DO	<i>San Diego Convention Center - 4</i>
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4:00 pm - 5:00 pm	ACOP LECTURE <i>Death and Dying Pediatric Issues</i> Liz Sumner, RN, BSN	



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American College of Osteopathic Pediatricians

MONDAY, OCTOBER 1, 2007

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American College of Osteopathic Pediatricians

MONDAY, OCTOBER 1, 2007

7:00 am - 7:50 am

ACOP LECTURE
Computers and PDAs in Pediatric Medical Practice

Daniel W. Saylak, DO, FACOFP

After this presentation the participant will be able to:

1. Explore the expanding role of information technology
2. Identify the role of Personal Digital Assistants (PDA's) in pediatric resource management
3. Identify potential pitfalls in electronic medical record selections
4. Discuss new technologies that can make the incorporation

NOTES



American College of Osteopathic Pediatricians

MONDAY, OCTOBER 1, 2007

10:00 am - 11:00 am

ACOP/AOA Practice Management Lecture Series
Audits

Mary Jean Sage, CMA-AC

After this presentation the participant will be able to:

1. Identify those things in the billing department that can realistically be audited
 2. Determine who, what and when to audit
 3. Select an appropriate party to perform an audit
 4. Understand how to interpret the results of an audit
-

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American College of Osteopathic Pediatricians

MONDAY, OCTOBER 1, 2007

11:00 am - 12:00 n

ACOP/AOA Practice Management Lecture Series
Pediatric Billing

Don Self

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American College of Osteopathic Pediatricians

MONDAY, OCTOBER 1, 2007

12:00 n - 1:00 pm

ACOP/AOA Practice Management Lecture Series
How to Optimize Income by
Proper Documentation and Billing

Mary Jean Sage, CMA-AC

After this presentation the participant will be able to:

1. Understand and appreciate the relationship of documentation, coding and billing
 2. Determine how to ensure everything done in the practice is being billed
 3. Set benchmark goals for billing
-

NOTES



American College of Osteopathic Pediatricians

MONDAY, OCTOBER 1, 2007

3:00 pm - 4:00 pm

ACOP Lecture
Pediatric Obesity

Malcom S. Schwartz, DO, FACOP

After this presentation the participant will be able to:

1. Provide an understanding of the relationship of the anatomic and metabolic controls effecting obesity in children
 2. Present a plan for the management of obesity using a multiple disciplinary approach
 3. Discuss the use of a diet and exercise model for management of patients with insulin resistance and obesity
 4. Present a database for the monitoring of criteria associated with diagnosis of insulin resistance disorders (Metabolic Syndrome)
-

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American College of Osteopathic Pediatricians

MONDAY, OCTOBER 1, 2007

4:00 pm - 5:00 pm

ACOP LECTURE
Pediatric Diabetic Type II

Malcom S. Schwartz, DO, FACOP

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AMERICAN COLLEGE OF OSTEOPATHIC PEDIATRICIANS

TUESDAY, OCTOBER 2, 2007

6:30 am - 5:00 pm	Registration	San Diego Convention Center - 4 Foyer
7:00 am - 8:00 am	ACOP LECTURE <i>Evaluation of Newborn with Dysmorphic Features</i>	San Diego Convention Center - 4
8:00 am - 9:00 am	ACOP LECTURE <i>Ambulatory Care of NICU Graduates</i> Michelle Bez, DO, FACOP	
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American College of Osteopathic Pediatricians

TUESDAY, OCTOBER 2, 2007

7:00 am - 8:00 am

ACOP LECTURE
Evaluation of Newborn with Dysmorphic Features

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After this presentation the participant will be able to:

1. Review broadening Scope of Medical Genetics
2. Review frequency of birth defects and their implications for pediatricians

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4. Review aspects of history/physical evaluations
5. Review tenets of dysmorphology
6. Review indications of chromosome/genetic analysis

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American College of Osteopathic Pediatricians

TUESDAY, OCTOBER 2, 2007

8:00 am - 9:00 am

ACOP LECTURE
Ambulatory Care of NICU Graduates

Michelle Bez, DO, FACOP

NOTES



AMERICAN COLLEGE OF OSTEOPATHIC PEDIATRICIANS

TUESDAY, OCTOBER 2, 2007

9:00 am - 10:00 am

ACOP LECTURE
***Death in the NICU: Moral Distress
in Health Care Providers***

Liz Sumner, RN, BSN

After this presentation the participant will be able to:

1. Describe two clinical examples that trigger moral distress in the health care professional
 2. Identify strategies relevant to their setting to respond to moral distress and suffering
 3. Write down personal attributes that help to preserve emotional resilience and capacity for uncertainty in the health care professional
-

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AMERICAN COLLEGE OF OSTEOPATHIC PEDIATRICIANS

TUESDAY, OCTOBER 2, 2007

10:00 am - 11:00 am

ACOP LECTURE
Early Recognition of Spasticity in Infants

Kevin Z. Craig, DO

NOTES



American College of Osteopathic Pediatricians

TUESDAY, OCTOBER 2, 2007

11:00 am - 12:00 n

ACOP LECTURE
Pre and Probiotics:
Are They Wise to Add to Infant Nutrition?

Carey Walker, PhD

After this presentation the participant will be able to:

1. Recognize potential contributions of gastrointestinal microbiota to infant development and health

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4. Effectively engage in discussions of the potential relevance of probiotic microorganisms and prebiotic carbohydrates in infant nutrition
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American College of Osteopathic Pediatricians

TUESDAY, OCTOBER 2, 2007

2:00 pm - 3:00 pm

ACOP LECTURE
New Expanded Newborn Metabolic Screen

Michael Kayser, DO

After this presentation the participant will be able to:

1. Identify the different areas of a practice that can be enhanced
- practice
-

NOTES



American College of Osteopathic Pediatricians

TUESDAY, OCTOBER 2, 2007

3:00 pm - 4:00 pm

ACOP LECTURE
New Techniques for the Diagnosis of Genetic Diseases

Michael Kayser, DO

After this presentation the participant will be able to:

1. Identify the different areas of a practice that can be enhanced
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practice
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American College of Osteopathic Pediatricians

TUESDAY, OCTOBER 2, 2007

4:00 pm - 5:00 pm

ACOP LECTURE
Current Concepts in Genetic Counseling

Michelle A. Fox, MS, BA, CGC

After this presentation the participant will be:

1. Understand the principles of genetic counseling, including shared decision making
 2. Be aware of how genetic counseling and genetic testing impacts the pediatric patient and their family
 3. Understand what geneticists and genetic counselors have to offer their patients and families
-

NOTES



American College of Osteopathic Pediatricians

WEDNESDAY, OCTOBER 3, 2007

6:30 am - 5:00 pm	Registration	<i>San Diego Convention Center - 4 Foyer</i>
8:00 am - 9:00 am	ACOP LECTURE <i>School Bullies</i> Scott Elkin, DO	<i>San Diego Convention Center - 4</i>
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10:00 am - 11:00 am	ACOP LECTURE <i>What Happens in the Home after Tragedy in the Community?</i> Felipe Amunategui, PhD	
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American College of Osteopathic Pediatricians

WEDNESDAY, OCTOBER 3, 2007

8:00 am - 9:00 am

ACOP LECTURE
School Bullies

Scott Elkin, DO

After this presentation the participant will be able to:

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1. Be aware of bullying's diverse expression...

2. Be aware of bullying's diverse expression...
physical, verbal, sexual, relational and cyber
 3. Understand bullying and the law
 4. List the characteristics of bullies and their behaviors
 5. Discuss what can be done about bullying as individuals,
families, schools and communities
-

NOTES



American College of Osteopathic Pediatricians

WEDNESDAY, OCTOBER 3, 2007

9:00 am - 10:00 am

ACOP LECTURE
***Pain That Lasts Forever:
Recognition, Diagnosis and Treatment
of Post-traumatic Stress Disorder
in Children and Adolescents***

Ava Stanczak, DO, FAAP

After this presentation the participant will be able to:

1. Name some of the early signs of post-traumatic stress disorder in young children
 2. Explain some of the pathophysiologic changes in young people affected by post-traumatic stress disorder
 3. Describe the diagnostic criteria for post-traumatic stress disorder
 4. Discuss some of the treatment modalities for this disorder in both young children and adolescents
-

NOTES



American College of Osteopathic Pediatricians

WEDNESDAY, OCTOBER 3, 2007

10:00 am - 11:00 am

ACOP LECTURE

***What Happens in the Home after Tragedy in the
Community?***

Felipe Amunategui, PhD

NOTES



American College of Osteopathic Pediatricians

WEDNESDAY, OCTOBER 3, 2007

11:00 am - 12:00 n

ACOP LECTURE
Panel Discussion

Ava C. Stanczak, DO, FAAP
Felipe Amunategui, PhD

NOTES



American College of Osteopathic Pediatricians

WEDNESDAY, OCTOBER 3, 2007

1:00 pm - 2:00 pm

2:00 pm - 3:00 pm

ACOP LECTURE
Pediatric OMT

Shawn K. Centers, DO, FACOP

NOTES



American College of Osteopathic Pediatricians

WEDNESDAY, OCTOBER 3, 2007

3:00 pm - 4:00 pm

ACOP LECTURE
Pediatric Palliative Care

Paul G. Smith, DO

After this presentation the participant will be able to:

1. Appreciate the differences in causes of mortality and sources of suffering between children and adults
 2. Understand the needs of children and their families during therapy for life-threatening illness
 3. Construct an approach to relieving suffering in children and families during life-threatening illnesses.
 4. Discuss national policies that determine resources available to children with chronic or life-threatening diseases.
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NOTES



American College of Osteopathic Pediatricians

WEDNESDAY, OCTOBER 3, 2007

4:00 pm - 5:00 pm

ACOP LECTURE
Death and Dying Pediatric Issues

Liz Sumner, RN, BSN

After this presentation the participant will be able to:

1. Describe current trends in pediatric palliative care
 2. List ways to integrate palliative care principles into the setting they practice in
 3. Verbalize examples of models for care in pediatric palliative care
-

NOTES

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something else?

