

You must fill out the information below to receive your results and possible CME credit. You must correctly answer 70% or more of the five questions below to be awarded CME credit. Submit completed test to jenny@societyhq.com for scoring.

Name:

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Module 2: An Osteopathic Approach to Pediatric Headaches

1. A 12 year old presents with headaches that have been defined as migraines. Her current migraine has been persistent for 26 hours. Which of the following OMT is most appropriate at this time?
 - A. Cervical HVLA
 - B. Cervical muscle energy
 - C. Rib raising
 - D. Suboccipital release
 - E. Thoracic HVLA

2. Based on a retrospective review of migraine treatment, OMT has been shown to help by:
 - A. Decreasing the cost of care of migraines
 - B. Decreasing the frequency of migraines
 - C. Decreasing the pain severity of migraines
 - D. Increasing the frequency of office visits per migraine
 - E. Increasing the NSAID use over opiates for migraines

3. Migraines are typically associated with symptoms of nausea and vomiting. OMT directed at which of the following areas might help alleviate some of these symptoms?
 - A. C1-2
 - B. C7-T1
 - C. T4-5
 - D. T12-L1
 - E. L5-S1

4. Chronic contraction of which of the following muscles could produce a tension headache?
- A. Corrugator superciliosus
 - B. Frontalis
 - C. Levator scapulae
 - D. Platysma
 - E. Sternocleidomastoid
5. A 16-year-old boy presents with a headache of 1 week duration that started just before a week of exams. It gets a little better with sleep but worse again as the day progresses. OMT directed at which of the following areas would help alleviate increased sympathetic tone related to his headache?
- A. C2-3
 - B. T2-4
 - C. T5-8
 - D. L1-3
 - E. L5-S2