

You must fill out the information below to receive your results and possible CME credit. You must correctly answer 70% or more of the five questions below to be awarded CME credit. Submit completed test to jenny@societyhq.com for scoring.

Name:

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Module 6: Pediatric Cervical Spine OMT Module

1. The motion through the first cervical vertebrae is best described as:
 - A. Flexion
 - B. Opposition
 - C. Rotation
 - D. Sidebending
 - E. Translation

2. According to a study of OMT utilized for neck pain in ER patients, which of the following is a possible expected outcome after OMT?
 - A. Better pain relief than the use of muscle relaxant medication
 - B. Better pain relief than the use of NSAIDS
 - C. Decreased pain intensity compared to NSAIDS
 - D. Increased neck pain
 - E. No improvement in neck pain

3. The motion through C3-7 is best described as which of the following?
 - A. Extension
 - B. Flexion
 - C. Opposition
 - D. Rotation
 - E. Sidebending

4. A 16year old football player presents to the ER with neck pain after being tackled. He denies LOC, paresthesias or weakness, but on exam he is unable to actively flex or extend his neck. Which of the following is the imaging of choice?
- A. Bone scan
 - B. CT scan
 - C. MRI
 - D. Ultrasound
 - E. X-ray
5. According to OMT treatment guidelines, how should the athlete in question 4 be initially treated with OMT?
- A. Counterstrain
 - B. Facilitated Positional Release
 - C. HVLA
 - D. Muscle energy
 - E. Rib raising